In accordance with Clause 9, Article 24 of the Act on Special Measures for Pandemic Influenza and New Infectious Diseases Preparedness and Response, the request has been made to refrain from going out.

- 1. Fukushima residents are requested to refrain from going to nightclubs, hostess bars and the like in busy downtown areas.
- 2. Fukushima residents are also requested to refrain from traveling between and across prefectures for nonurgent and nonessential reasons.
- 3. Fukushima residents are also requested to refrain from going to places where clusters of infections have occurred and the "Three Cs"- "Closed spaces with poor ventilation", "Crowded places with many people nearby", "Close-contact settings such as close-range conversations" overlap.
- 4. Even when going out to places other than those mentioned above, Fukushima residents are requested to thoroughly adopt a "new lifestyle" approach to prevent the spread of infections where they need to continue to practice basic preventative measures.

Examples of traveling between and across prefectures

- Returning to your family home or traveling for nonurgent and nonessential reasons.

Examples of places where clusters of infections have occurred and the "Three Cs" overlap.

- Cabarets, nightclubs and the like with hospitality services, bars, live music clubs, indoor sports facilities including sports gyms and sports classes, karaoke boxes, etc.