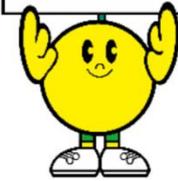


Let' s avoid

the "3 Cs"



A Reminder During the "Obon" and Summer Holidays

For the people of Fukushima,

COVID-19 infections are spreading nationwide.

I would like to ask for your cooperation regarding the following points as you spend your "Obon" and summer holidays, practicing the concept "With Corona" (Coexisting with COVID-19).

1. Please decide carefully whether you will return to your family home or not.

- If you have any symptoms such as a fever, please refrain from returning to your family home or from traveling.
- Please make a careful decision about returning home if you have family members that are elderly or have underlying conditions and if you have recently travelled to areas where the risk of getting infected is high.

2. Please be thorough when following the "New Lifestyle"

- With many people gathering during the "Obon" holiday, etc., please follow carefully the "New Lifestyle" regardless of whether you are outside or in your home.

<Five ways to practice the "New Lifestyle" for the "Obon" holiday>

- Please avoid the "Three Cs"- "Closed spaces with poor ventilation", "Crowded places with many people nearby", "Close-contact settings such as close-range conversations" as much as possible.
- Please take thorough preventative measures such as sanitising your hands, wearing a mask, avoiding speaking in loud voices and having proper indoor ventilation.
- When having parties or dinner with friends or relatives, please be aware that such occasions have a high risk of people getting infected. In particular, please avoid having dinner with a lot of people.
- Please choose restaurants and other establishments that have sufficient preventative measures in place.
- Please install contact tracing apps such as COCOA.

3. Please be careful even when you are going out

- Please check the information provided by the local government of the area you are going to.
- Please avoid places where the "Three Cs"- "Closed spaces with poor ventilation", "Crowded places with many people nearby", "Close-contact settings such as close-range conversations" overlap as well as avoiding places that do not have careful preventative measures in place. Also, you should take thorough preventative measures such as wearing a mask.

<Precautions when traveling to areas where the risk of getting infected is high >

- Please carefully assess the necessity of that travel.
- Please make use of contact tracing apps and keep track of your movements for the two weeks after making that travel.
- Please avoid places where the "Three Cs"- "Closed spaces with poor ventilation", "Crowded places with many people nearby", "Close-contact settings such as close-range conversations" overlap. Also, please avoid situations that involve speaking in loud voices and places where infections tend to spread such as parties and dinners.