

## Self-isolation certificates for COVID-19

- Those who are subject to notification of occurrence by meeting the following conditions can display an e-certificate on My HER-SYS and use it. Those who do not meet the criteria are not eligible for it.

(Those who are subject to notification of occurrence)

Those who are:

- ① 65 or older
- ② requiring hospitalization
- ③ requiring COVID-19 medication or additional oxygen administration
- ④ pregnant

- Medical institutions or public health centres do not issue self- isolation certificates.  
- Please ask your insurance company about the documents necessary for the insurance claims.